

Judith E. Lipson, M.A., LPC
Spiral Wisdom LLC
Spiral Wisdom Coaching
Trauma-Informed
Spiritual ~ Metaphysical ~ Guided Imagery
Educational Solutions, ADHD, ASD, Neurosensitives
Students and Adults

WELCOME TO SPIRAL WISDOM COACHING

I am pleased to meet you.

You will find an emphasis on spiritual and metaphysical questions, content and strategies:

- Recognizing and Becoming Who You Really Are
- Managing the gifts of intuition, energy awareness, and being an empath, while minimizing the challenges
- Understanding your own or another's emotional regulation as it relates to the nervous system
- Supporting your superpowers while minimizing the challenges
- Learning metaphysical techniques to address Who You Really Are
- Guided Imagery
- Light Language
- Having a space to openly talk about Indigo children, Star Seeds, being multidimensional, and other thoughts and queries

I continue to offer Educational Strategies and Accommodations with Advocacy Guidance for school or the workplace, Stress Reduction, Presentations (for parents, educators, counselors and other professionals), and a free informative Newsletter. I have experience working with neurosensitives of all ages and those with learning differences, ADHD, Autism and Anxiety.

I will continue to bring my trauma-informed approach with all prior knowledge from my background and years of experience.

I am available virtually both locally and internationally.

My fee is \$150 for a one-hour session. No contracts or packages required; payment via Venmo or any major credit card at the completion of each session.

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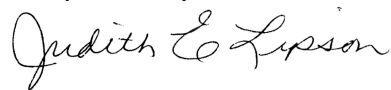
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I completed a B.S. from Marygrove College, which resulted in certification to teach the Emotionally Impaired. I received my Masters Degree in Guidance and Counseling from Oakland University, completing my 500-hour internship at Oakland County's Children's Village under the direct supervision of a licensed psychologist and becoming a Licensed Professional Counselor. I was trained by psychiatrist Dr. Brian Weiss to facilitate past-life regressions. I worked in the public schools for 30 years (K-12) as a special education teacher, Teacher Consultant and Student Services Counselor, giving me extensive experience with different learners, IEPs and 504 Plans.

Furthering my education, I continue to attend frequent conferences and read extensively to broaden my understanding of ADHD, Autism Spectrum, Anxiety, Counseling, Sensitives, Empaths, and the Mind-Body-Spirit connection.

Thank you for contacting me. I look forward to supporting you on your life's journey to Remember and Become Who You Really Are.

Respectfully,



Judith E. Lipson, M.A., LPC